



## GLEN OAKS HOTEL WALK

### OUTBOUND

**Distance: 2.1 KMs**

**Time: 30 Mins**

**No. of Steps: 2,625**

### ROUND TRIP

**Distance: 4.2 KMs**

**Time: 60 Mins**

**No. of Steps: 5,250**

#### Directions

1. Start at the main hospital door, take a left and walk towards the back gate of GUH.
2. Keeping the Mortuary on your left and the Diabetes Clinic on your right.
3. At the back gate take a left and walk straight on.
4. Keep the petrol garage, and West City Centre Retail Park (Aldi) on your left.
5. Keep walking straight on with the Westside Shopping Centre on your right.
6. Continue walking straight on keeping St. Michael's GAA grounds on your right.
7. Walk straight on through the traffic lights.
8. Until you arrive at the Glen Oaks Hotel on your left.
9. Turn around here and follow the same route back to GUH.