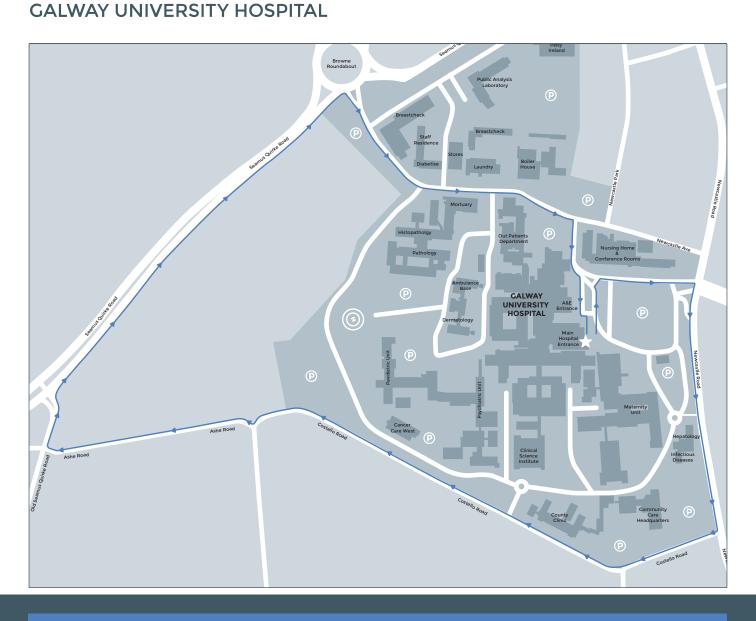


## www.hospitalwalks.com



## **OUTER LOOP WALK**

Time: 30 Mins No. of Steps: 2,500 **Distance: 2 KMs** 

## **Directions**

- 1. Start at the main hospital door.
- 2. Walk out the main gate of the hospital.
- 3. Turn right towards Shantalla.
- 4. Take the next right on to Costello Road, just before the traffic lights.
- 5. Pass by the entrance to the Clinical Science Institute and the Shantalla Community Centre.
- 6. Continue walking, take the next right, walking past the entrance to the West City Centre Retail Park (Aldi).

- 7. Walk past the Petrol Garage.
- 8. Turn into GUH grounds using the back gate at the Westside Roundabout.
- 9. Walk past the Diabetes and Endocrinology buildings
  - (keep these on your left).
- 10. Walk past the mortuary (on your right).
- 11. Continue past A&E and finish at the main hospital door.









