

Antenatal Classes 2023

Join us on WebEx for your antenatal classes or attend in the hospital library which will be sign posted on the day.

Class 1 Labour & Birth

Class 2 Postnatal Care

Class 3 Breastfeeding & Infant Feeding

Class 4 Hypnobirthing

Tuesday 5-7 pm

Meeting code 2732 412 1844

Password 1234



Jan 3rd 10th 17th 24th

Feb 7th 14th 21st 28th

March 7th 14th 21st 28th

April 4th 11th 18th 25th

May 2nd 9th 16th 23rd

June 6th 13th 20th 27th

July 4th 11th 18th 25th

Sept 5th 12th 19th 26th

Oct 3rd 10th 17th 24th

Oct/Nov 31st 7th 14th 21st

Nov/Dec 28th 5th 12th 19th

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Class 1 Labour & Birth

Class 2 Postnatal Care

Class 3 Breastfeeding &

Class 4 Hypnobirthing

Thursday 3-5pm

Meeting code 174 837 4638

Password 1234



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Feb 2nd 9th 16th 23rd

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April 6th 13th 20th 27th

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