



### PSYCHIATRY WALK

**Distance: 500 Ms**

**Time: 10 Mins**

**No. of Steps: 656**

#### Directions

1. Start at the front door of the hospital, turn right.
2. Walk past the 'Day Services' Unit.
3. Continue walking past 'Medical Education'.
4. Walk up the steps and turn right.
5. Walk up to the perimeter of the 'Department of Psychiatry', then turn back.
6. Walk back along the road to the front door of the hospital.