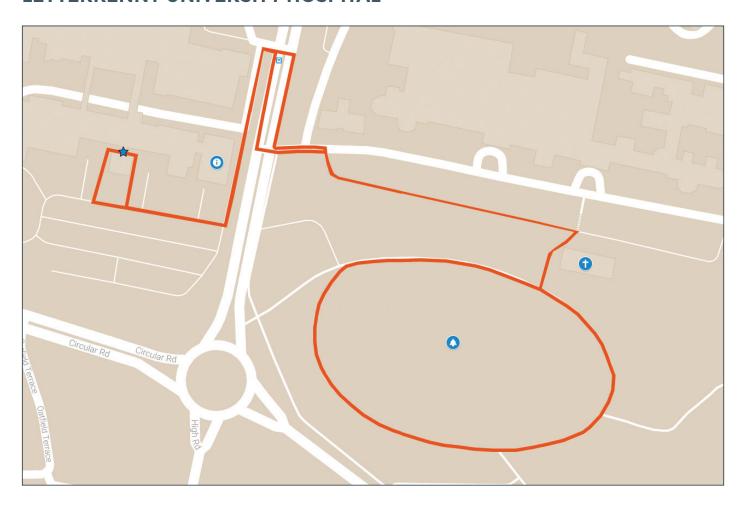


www.hospitalwalks.com

LETTERKENNY UNIVERSITY HOSPITAL



TOWN PARK LOOP

2 LOOPS Distance: 1.8 KMs Time: 20 Mins No. of Steps: 2,362 4 LOOPS Distance: 2.8 KMs Time: 35 Mins No. of Steps: 3,674 6 LOOPS Distance: 3.8 KMs Time: 55 Mins No. of Steps: 4,986

Distance can only be achieved when one has walked a minimum of a double loop of the town park

Directions

- 1. Start at the main door to the hospital, turn left.
- 2. Walk up towards 'Old Outpatients Department' and turn right.
- 3. Cross the road safely and enter St Conal's grounds.
- 4. Turn right and walk towards 'The Vestry'.
- 5. Enter the park at the entrance to 'The Vestry' and commence the loop walk.
- 6. Complete 2 loops and return to the main door of the hospital.









