



## GMIT LOOP

**Distance: 0.92 KMs**

**Time: 10 Mins**

**No. of Steps: 1,140**

### Directions

1. Start at main door of the hospital and walk towards St. Mary's.
2. Pass the grotto, 'births, marriages and deaths registration office' and continue walking keeping the main entrance to the GMIT on your left.
3. Continue walking towards the campus library and then turn left at the Centre for Nurse Education.
4. Proceed to walk towards the student/staff car park, continue walking keeping the running track on the right.
5. Follow the road back up towards the water-tower, continue walking keeping to the right of St Mary's building. Return to the main door of the hospital.