



INTERNAL WALK ONE

Distance: 853 Ms

Time: 8 Mins

No. of Steps: 1,120

Directions

1. Start at the main door of the hospital.
2. Take an immediate right.
3. Walk straight on and then veer right.
4. Walk under the hospital building between the concrete columns. Continue walking straight on, keeping the 'Cardiology Research Department' on your left.
5. Turn right at the end, keeping 'General Stores' on your left.
6. Continue walking along the main pathway.
7. Turn left into the car park.
8. Take an immediate left again.
9. Continue walking towards the railings and take a right.
10. Continue walking straight on towards the end of the car park.
11. Continue walking, keeping the perimeter railings on your left.
12. Take a right to exit the car park, then take an immediate left, keeping the chimney on your right.
13. Walk straight on towards the car park barrier.
14. Take a right just before the barrier.
15. Walk towards the end of this building.
16. Then take the next right at the end of the building.
17. Take an immediate left and walk up a narrow path.
18. Take a left now towards the car-park.
19. Walk back to the main door of the hospital.