



OAK WALK

Distance: 1,434 Ms

Time: 15 Mins

No. of Steps: 1,882

Directions

1. Start at the main door of the hospital.
2. Walk out the main hospital entrance and turn left.
3. Walk towards the town.
4. Continue walking towards the town and take the first left (at the Health Centre).
5. Continue walking on the path, keeping the Family Centre on your left.
6. Walk to the end of this road and take the next left.
7. Walk along Garbally drive, keep the Franciscan Convent on your left.
8. Walk down this laneway which runs behind the hospital car park.
9. Continue walking down this lane.
10. Continue along this path.
11. Continue along this path walking straight on to the bollards, take a left at the bollards.
12. Walk up along the path into a housing estate.
13. Walk along this laneway, always keeping the hospital railings on your left.
14. Walk along this laneway, always keeping the hospital railings on your left.
15. Continue walking out this laneway, towards the main road.
16. Once you arrive at the main road, take a left and walk back to the main entrance of the hospital.