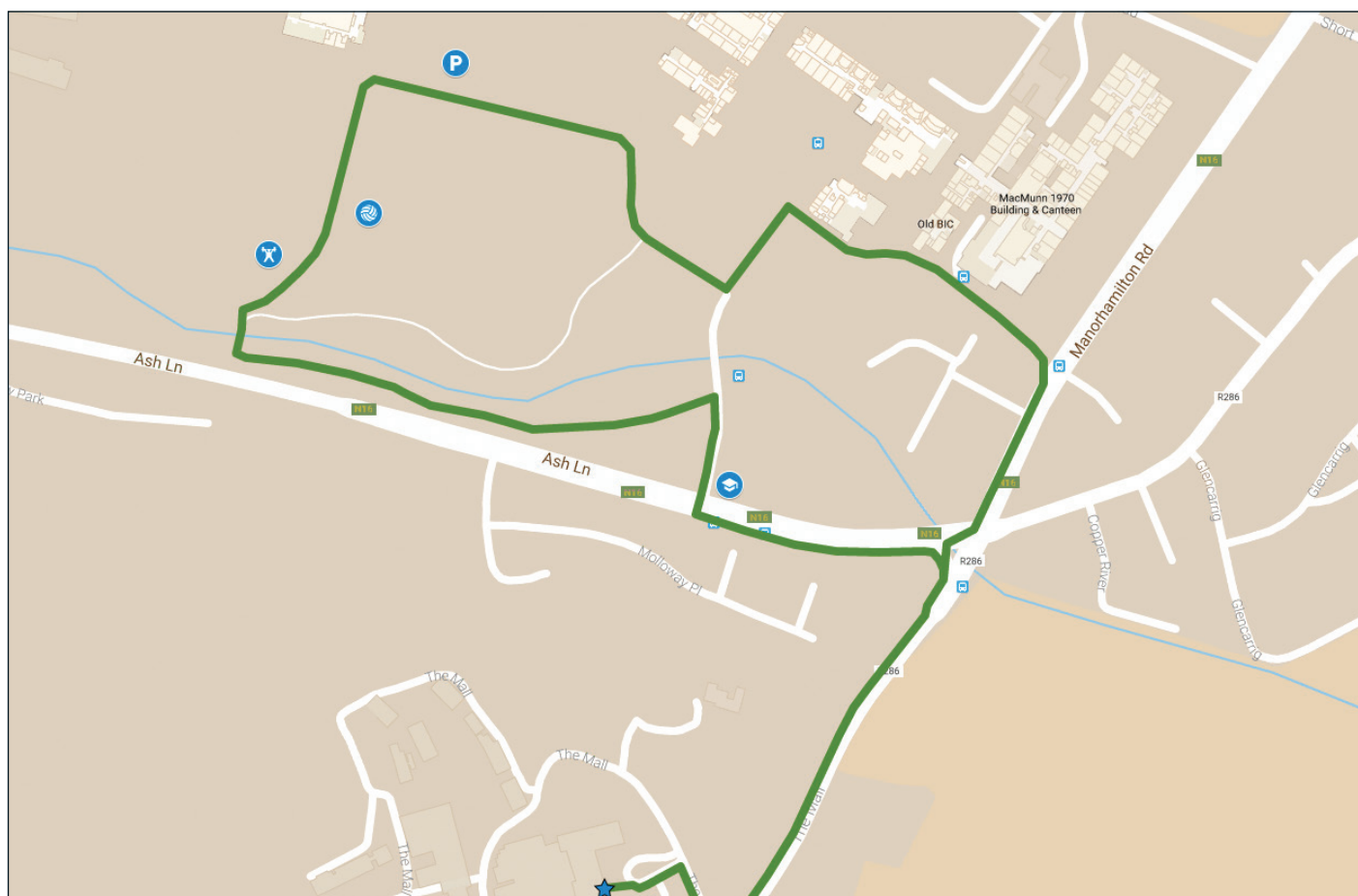


SLIGO UNIVERSITY HOSPITAL

Local Walking Route



ATU SLIGO WALK TWO

Distance: 2.2 KMs

Time: 20-25 Mins

No. of Steps: 2,887

Directions

1. Start at the side entrance of SUH (beside the Emergency Department)
2. Walk towards the Mall Road SUH entrance
3. Take an immediate left at this entrance
4. Walk down the hill along the Mall Road to the junction
5. Cross the road safely at the traffic lights
6. Once across the road, take an immediate left onto Ash Road Lane
7. Take the first right to enter the ATU Sligo Campus
8. Cross the lane safely using the pedestrian crossing
9. Turn left after the pedestrian crossing and merge onto the path (beside Sli Na Slainte sign)
10. Continue on the path until you reach the footbridge
11. Cross the footbridge and follow the path to the left (keep the GAA pitch on your right)
12. Take a right at the end of the path (keep the GAA pitch on your right)
13. Continue on the path until you reach the main footpath
14. Follow the footpath around to the right
15. Turn left at the junction (keep the ATU Car Park on your left)
16. Take the next right up the hill towards the ATU Side Entrance
17. Exit the ATU campus at Manorhamilton Road and take an immediate right
18. Continue walking until you reach the traffic lights
19. Cross the road safely at the traffic lights
20. Walk up the hill towards the SUH entrance (Mall Road)
21. Turn right to re-enter the SUH grounds and back towards the starting point