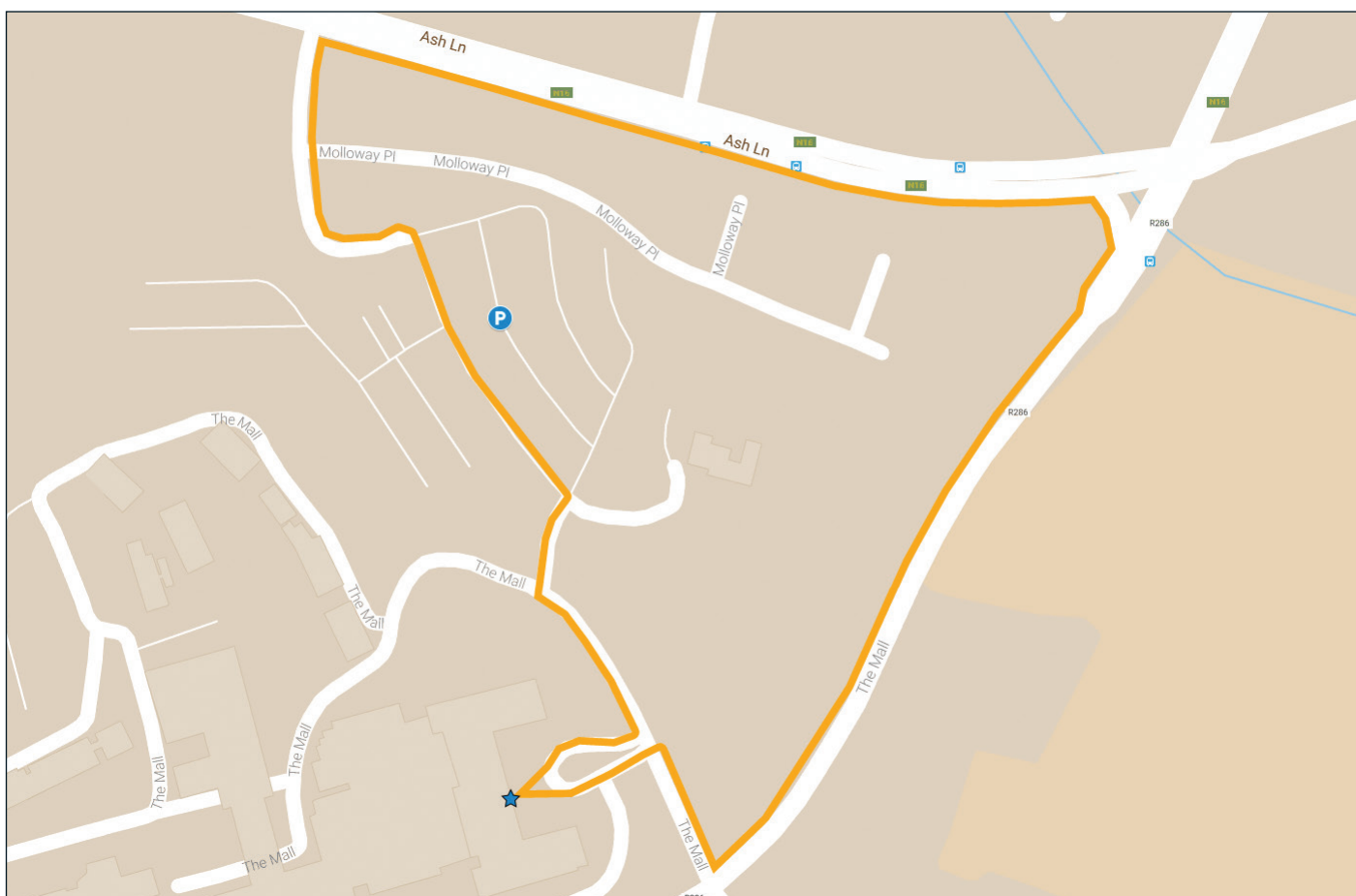


# SLIGO UNIVERSITY HOSPITAL

## Local Walking Route



### OUTER LOOP WALK

**Distance: 1 KMs**

**Time: 12- 15 Mins**

**No. of Steps: 1,250**

#### Directions

1. Start at the side entrance of SUH (beside the Emergency Department)
2. Keep left following the footpath toward the SUH public car park
3. Take an immediate left after the Euro Car Park cabin and follow the path
4. Walk through the car park until you reach the steps in front of the roundabout
5. Walk down the steps and join the footpath
6. Walk towards the SUH Main Entrance (Ash Road Lane)
7. Take an immediate right and follow the footpath along Ash Road Lane
8. Keep right at the junction and walk up the hill along the Mall Road
9. Continue walking towards the SUH entrance (Mall Road)
10. Turn right to re-enter the SUH grounds and back towards the starting point