

# SLIGO UNIVERSITY HOSPITAL

## Local Walking Route



### RIVER WALK

**Distance: 3 KMs**

**Time: 40 Mins**

**No. of Steps: 3,937**

#### Directions

1. Start at the side entrance of SUH (beside the Emergency Department)
2. Walk towards the Mall Road SUH entrance
3. Take an immediate right at this entrance and follow the footpath (keep SUH on your right)
4. Follow the footpath around to the right and cross the road safely at the pedestrian crossing
5. Turn left after the pedestrian crossing
6. Continue along footpath walking towards the laneway between Carbury N.S. and Calry Church
7. Cross the road safely and walk down the laneway between Carbury N.S. and Calry Church
8. Follow the laneway around to the left and continue along the footbridge
9. Take a right at the end of the footbridge and walk along the footpath beside the river (Riverside)
10. Continue along the Riverside footpath
11. Turn at the picnic table area before the entrance to Doorly Park
12. Walk back along the Riverside footpath turning right onto the footbridge once again
13. Walk up the laneway between Carbury N.S. and Calry Church
14. Cross the road safely at the top of the laneway
15. Walk towards the pedestrian crossing and cross the road safely towards the SUH Main Entrance
16. Continue along footpath keeping the SUH Main Entrance on your left
17. Turn left to re-enter the SUH grounds and back towards the starting point