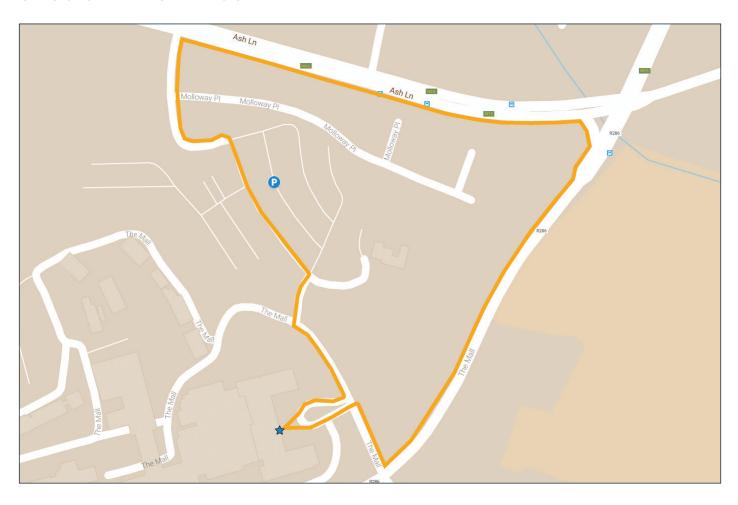


SLIGO UNIVERSITY HOSPITAL



OUTER LOOP WALK

Distance: 1 KMs Time: 15 Mins No. of Steps: 1,250

Directions

- 1. Start at the main door of the hospital door.
- 2. Take a left turn and follow the path to the car park.
- 3. Follow the path into the car park.
- 4. Walk to the hospital car park.
- 5. Walk through the hospital car park.
- 6. Continue walking down to the small roundabout.
- 7. Walk to the Ash Road Lane Junction.
- 8. Take an immediate right turn at the Ash Lane junction
- 9. Walk along the Ash Lane road, keeping Sligo IT on your left.
- 10. Walk up to the junction.

- 11. Turn immediately right when you reach the junction and walk up the hill.
- 12. Follow the footpath up the hill.
- 13. Continue walking until you reach Sligo University Hospital main entrance on your
- 14. Turn right here and walk back to the main door of the hospital.









